The presenter will discuss the methodological aspects of compiling a scope and sequence for an area studies and culture course within an intensive foreign language curriculum. The goal is to integrate area studies within the rest of the curriculum and to simultaneously provide sufficient background knowledge necessary to fulfill socio-linguistic requirements of higher-level language proficiency. Sequencing the area studies and culture curriculum from the introduction of basic facts to a content-based instruction with higher level thinking tasks represents a considerable challenge. Both implicit and explicit methods of teaching culture within an intensive foreign language curriculum will be discussed by the presenter. In addition to that, ways of assessing intercultural competence at each stage of students’ development will be shared with the audience. The presenter will share slides, materials, handouts, and samples of research, to include interactive maps and cultural notes from the newly updated Russian basic course.